



# Proverbs 25:28

- Whoever has no rule over his own spirit is like a city broken down, without walls (NKJ)
- Like a city whose walls are broken down is a man who lacks self-control (NIV)



# Self Control??

- Or God control?
- A city
- Broken down walls
  - Temptation
  - Opportunity to take offence
  - Distractions
  - Apathy

# Problem Solving

- Recognise that a problem exists
- Identify cause and responsibility
- Work out solution
- Get buy-in if possible
- Do it!

# Nehemiah - Background

- The covenant (Deut 28-30)
- The prophecy (Jer 29:10)
- The exile (II Kings 24-25)
- The return
  - Daniel (Dan 9)
  - Zerubbabel (Ezra 2)
  - Ezra (Ezra 7)
  - Nehemiah

# Preparation

- Enquiry
- Grief
- Prayer & Fasting
- Responsibility acknowledged
- Understands the problem & solution
- Courage to act
- Plans for action